

## **Drug & Alcohol Testing**

### **9-Panel Drug**

Adulteration component  
*\* Immediate results*

### **6-Panel Oral Drug**

*Results within 10 minutes*

### **Ethylglucuronide (EtG) (alcohol)**

**Highly sensitive test.** Client needs to be made aware of substances to avoid during testing period. Longer time spectrum of detection (2—5 days previous). Only for clients court ordered to abstain.

### **6-Panel Expanded Opiate Panel**

Detects lower levels of Oxycodone, Vicodin, Percocet, and others. Other tests for opiates are positive only at a much higher detection level.

### **5-Panel Hair Shaft**

*\* Results 3-4 days*  
*Goes back approximately 3 months.*

### **40-Panel Steroid**

2 masking agents  
*\* Results 3-4 days*  
*High levels of steroids have been linked to violent behavior.*

### **Alcohol Swab**

*\* Immediate results*

For pricing call: 512-869-2571

## **Other services provided...**

### **Substance Abuse Assessment**

A confidential interview and assessment tools are used to determine if a person is dependent upon alcohol and/or other drugs. Results of the assessment are used for recommendation to treatment, education and or support.

### **Monitored Random Testing**

LifeSteps will be the “neutral party” to call client for random testing. This is done as a contractual agreement or court orders.

### **Experienced in Family Violence**

Understanding, compassion and respect for clients from all sides of the family violence spectrum.  
Referrals to Certified Anger Resolution Therapists [CART].

### **Resource for referrals**

Counselors  
Treatment facilities  
Support Groups  
Parenting classes  
Co-Parenting seminar

### **Coming in the future...**

Social Competency Class



Williamson Council on Alcohol and Drugs ■ Committed to Prevention, Intervention, and Education

*Serving individuals & families since 1978.*

## **Families In Transition Program**

*Providing a variety  
of services tailored to suit  
the needs of individuals  
and families with unique  
and challenging situations*

**Supervised visits**  
**Off-site visits**  
**Neutral exchange**  
**Alcohol & drug testing**  
**Monitored random testing**  
**Substance abuse assessment**  
**Experienced in family violence**  
**Nationally recognized parent class**  
**Counseling & resource referrals**

## **Supervised Visitation & Exchange Services**

*Providing a safe, structured environment for children and family members—tailored to suit the needs of each client.*

*Each parent/caregiver is to schedule an orientation before any visits/exchanges occur.*

Orientation: \$55.00  
Per Party

Visitation & Exchange:  
sliding scale  
proof of income  
(2 paycheck receipts are required)  
at orientation

*Please refer to fee scale:*

- [www.lifestepsCouncil.org](http://www.lifestepsCouncil.org)
- Click Family Programs
- Scroll to Supervised Visit

*“ The **TransParenting** class taught me how to set my anger aside and talk with my ex for the sake of my kids.”*

Father who attended *TransParenting*

**Services do not require  
a court order.**

To contact LifeSteps:  
**Admin.: 512-869-2571**  
**Metro: 512-930-5351**  
**Fax: 512-869-1667**  
**Info@lifestepsCouncil.org**  
**<http://www.lifestepsCouncil.org>**

Orientation location:  
LifeSteps Administrative Office  
311 Main @ 4th  
Georgetown, Texas 78626

Visitation location:  
First Baptist Church, Georgetown  
1333 W. University Ave. 78628

Exchange location:  
STARRY  
1301 N. Mays  
Round Rock, Texas 78664

## **TransParenting**

*Divorce is recognized as a very stressful experience. This 4-hour, educational program focuses on the needs of children who have divorced, separated or never married parents. The seminars are conducted by a male and female licensed counselor.*

**Conducted once a month.**

***\$40 money order only.***

**512.930-5351**

**512.869-2571**

**For a registration form:**

- [www.lifestepsCouncil.org](http://www.lifestepsCouncil.org)
- Click Family Programs
- Scroll to *TransParenting*

LifeSteps Conference Room  
2111 N. Mays Suite A  
Round Rock, Texas 78664

**To request brochures:  
[info@lifestepsCouncil.org](mailto:info@lifestepsCouncil.org)  
or 512.869.2571**

*“I would rather things be different but for what it is...I wouldn't want to have visits any other place. The staff and location make it pleasant.”*

Mother having supervised visits